

HOW TO PREPARE:

1. PROPER ATTIRE:

Dress for ticks, bugs, and other pests. Deer ticks are found throughout our woods and can carry lyme disease. The danger from ticks is lessened but not absent in cold weather. Protect yourself by wearing clothing that keeps ticks away from your body. Light colors help you spot crawlers.

- Long pants & long sleeve shirt
- Heavy shoes or rubber boots (preferrable)
- Hat
- Work gloves

2. TOOLS:

- Flat head screwdriver
- Clippers
- Loppers
- Plastic bag for removing cut Mile-A-Minute vines
- Plastic bag for picking up litter
- Bug spray, repellents (DEET, Permethrin or other)

WHAT NOT TO DO:

1. DO NOT DISTURB THE SOIL

- Do not pull up any vines from the ground. This is considered disturbing soil and is not permitted under the AAP Program.
- Do not disturb anything lying on the ground: dead or fallen tree trunks, branches, etc. These are also habitats, not firewood.
- The forest does not need to be cleaned up. If something is in your way, step over it or walk around it.

2. DO NOT REMOVE UNTARGETED VINES

- Do not remove Grape Vine.
- Do not remove Poison Ivy. It is a noxious vine that grows on trees and along the ground throughout our woods. It causes a rash and itching. Do not touch it!! It can be spotted in winter by its thick "furry" vines. See Field Guide to help identify.
- Do not remove vines on "snags" - dead trees still standing. These are actually providing habitat.

3. DO NOT ENTER ENCLOSURES, IF ONE IS ON YOUR PLOT

4. DO NOT BRING:

- Dogs
- Rakes
- Chainsaws or Weed whackers

WHAT TO CUT	HOW TO CUT
ENGLISH IVY	Cut in 2 places a foot or so apart, pull off ONLY if it does not harm the tree bark.
ORIENTAL BITTERSWEET	Cut in 2 places a foot or so apart, pull off ONLY if it does not harm the tree bark.
HONEYSUCKLE	Cut; remove from bush/tree, if possible, without damaging the tree.
MILE-A-MINUTE	Cut off above the ground; bag and take home for yard waste. The seed pods look like a flower, but they are loaded with hundreds of tiny seeds that need to be taken away to slow down its reproduction.

INFORMATION TO SUBMIT:

1. REPORT BACK TO ADOPT A PLOT

Each time you work in the woods, at least one day a year, report back to Adopt A Plot on your progress. For example:

- Describe what you did and where and how much time spent (# workers x # minutes).
- Any challenges with cutting -- too thick, too difficult to cut for any reason, too many vines, etc.
- What's working? Any tips to pass on to fellow Warriors.
- Anything out of the ordinary or area of concern, for example:
 1. A lot of trash
 2. Evidence of soil or plant disturbance from games, bicycles, hunting, fishing
 3. Cutting or removal of vegetation other than what you did
 4. Damaged screening on enclosures
- Any questions for our experts
- Smart phone photos are good for any aspect of your report. If there is a specific tree or area that you are unable to handle, a photo is a great resource for our team to locate your area of concern.

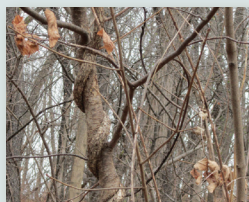
2. HOW TO SUBMIT

- You will be emailed a link to an online spreadsheet with instructions on how to report. It's easy.
- This link will also be posted on the AAP section of the BR website for future reference (*in case you lose the email*).
- Simply fill out the fields within the document and you're done!

ENGLISH IVY



BITTERSWEET



HONEYSUCKLE



MILE A MINUTE

